

PRICES VALID JULY 1ST TO 31ST, 2025  DELIVERY AVAILABLE

Jones
Soda All Flavours - 12*355ML



Limca
- 24*330ML



Thums Up
- 24*330ML



Ocho Rios
All Flavours - 12*473ML



All Purpose Flour - Baker's Rose - 20KG



Extra Long Basmati Rice - Judi - 40LB



Peeled Tomatoes - Delicia - 6*2.84L



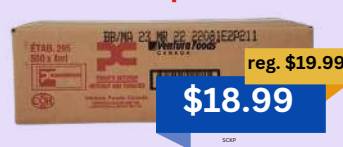
Ketchup - Kraft Heinz - 24*375ML



Hot Chili Sce - Wing's - 500*7ML
SAVE \$2.50



Ketchup - Sauce Craft - 504*8ML
SAVE \$1.00



Lemon Juice - Realemon - 12*945ML



Fine Sugar - Redpath - 20KG



SL-PP 3.25oz Portion Cup - 2500/Cs



SL-PP 400L Portion Cup Lid (3.25oz/4oz/5.5oz) - 2500/Cs



Junior Dispenser Napkin - 9000/Cs



9" Pizza Plate - 1200/ Cs



2ply Facial Tissue - Duraplus - 30x100



T 28 White Combo Container - 150/Cs



9"x6" Plastic Clamshell Container - 150/cs



18" Clear Food Wrap
SAVE \$3.00



- OPEN 7 DAYS
- MON-FRI 7:00-7:00
- SAT-SUN 9:00-5:00
- DELIVERY AVAILABLE



WWW.TMCASHANDCARRY.COM
FREE MEMBERSHIP CARD AVAILABLE

PHOTOGRAPHS OF PRODUCTS ARE FOR ILLUSTRATION PURPOSE ONLY. ITEMS MAY NOT BE EXACTLY SHOWN. PRICES IN EFFECT WHILE SUPPLIES LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. ALL PRICES ARE IN-STORE PRICES ONLY

GROCERY PRODUCTS

Majlis

Mild/Hot Pepper Paste - 5KG



**SAVE
\$2.00**

reg. \$30.99

\$28.99

Esma

Banana Pepper - 4L



**SAVE
\$1.00**

reg. \$8.99

\$7.99

Saporito

Canola / Vegetable Oil - 3L



**SAVE
\$1.00**

reg. \$9.99

\$8.99

Hajvery

Fried Onion - 24*400G



**SAVE
\$4.00**

reg. \$68.99

\$64.99

Laxmi

Garam Masala - 5LB



**SAVE
\$2.00**

reg. \$25.99

\$23.99

Luda

**Vegetable Soup Base
- 4.54KG**



**SAVE
\$5.00**

reg. \$44.99

\$39.99

Rosehill

Piri Piri - 3.8L



**SAVE
\$2.00**

reg. \$49.99

\$47.99

Sauce Craft

Portion Salt - 6*1000CT



SAVE \$2.00

reg. \$23.99

\$21.99

Hellmann's

Ancho Chipotle - 3.78L



**SAVE
\$2.00**

reg. \$27.99

\$25.99

KFI

**Butter Chicken, Tikka,
Vindaloo - 375ML**



SAVE \$0.50

reg. \$3.49

\$2.99

Cibona

Ranch Dressing - 4L



**SAVE
\$1.00**

reg. \$22.99

\$21.99

Sac

**Essence All Flavours -
12*25ML**



**SAVE
\$2.00**

reg. \$11.99

\$9.99

EM

Chicken Breast 4-6oz - 4KG

SAVE \$2.00



reg. \$45.99

\$43.99

European Meat

Porkloin 4MM - 4.5KG

SAVE \$2.00



reg. \$44.99

\$42.99

Big Red

Food Service Bacon - 11LB

SAVE \$2.00



reg. \$26.99

\$24.99

GLF

Garlic Sauce - 4.5KG



**SAVE
\$1.00**

reg. \$26.99

\$25.99

Neilson

35% Whipping Cream - 1L



**SAVE
\$1.00**

reg. \$6.99

\$5.99

Golden Gate

White Margarine - 13KG



**SAVE
\$3.00**

reg. \$43.99

\$40.99

Dairy Max

Yogurt 3.8% - 10KG



**SAVE
\$2.00**

reg. \$29.99

\$27.99

Chapman's

Premium Ice Cream - 11.4L



**SAVE
\$1.00**

reg. \$35.99

\$34.99

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Natco

Spinach Puree - 12*795G



**SAVE
\$1.00**

reg. \$36.99

\$35.99

Swad

Coconut Milk - 24*400ML



**SAVE
\$5.00**

reg. \$40.99

\$35.99

Aseel

Vegetable Ghee - 16L



**SAVE
\$6.00**

reg. \$95.99

\$89.99

Aachi

Sambar Powder - 1KG



**SAVE
\$1.00**

reg. \$15.99

\$14.99

Sambar Powder - 5KG



**SAVE
\$2.00**

reg. \$38.99

\$36.99

Below Zero

Corn - 6*2KG



**SAVE
\$2.00**

reg. \$37.99

\$35.99

Mango Chunks - 6*2KG



**SAVE
\$2.00**

reg. \$26.99

\$24.99

Castle

Shredded Pizza Topping
- 2KG



**SAVE
\$2.00**

reg. \$19.99

\$17.99

Shredded Mexi Blend
- 2KG



**SAVE
\$2.00**

reg. \$19.99

\$17.99

Miracle Garden

Fava Beans - 6*2.84L



**SAVE
\$4.00**

reg. \$24.99

\$20.99

Red Kidney Beans - 6*2.84L



**SAVE
\$3.00**

reg. \$29.99

\$26.99

Supreme

Sandwich Slc Dill - 3.78L



**SAVE
\$1.00**

reg. \$12.99

\$11.99

Jalapeno - 4L



**SAVE
\$0.30**

reg. \$11.29

\$10.99

E.D Smith

Sweet Chili Sauce - 3.78L



**SAVE
\$1.00**

reg. \$21.29

\$20.29

Mesquite BBQ - 3.78L



**SAVE
\$1.00**

reg. \$20.49

\$19.49

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CLEANING PRODUCTS

12x12 Insulated foil sheet
- 1000/Cs
SAVE \$1.50



18" Aluminum Foil Wrap
- Each
SAVE \$2.00



7" Round Aluminum
Container - 500/Cs
SAVE \$1.50



7" Clear Dome lid
- 500/Cs
SAVE \$1.50



#10 Brown Paper Bag
- 500/Cs



16oz Soup Cup
- 500/Cs
SAVE \$2.00



12-32oz Flat Lid for Soup
Cup - 500/Cs
SAVE \$1.00



9" Bagasse Paper
Plate - 500/Cs



6x6 Bagasse Clamshell
Container - 500/Cs



48*420 Toilet Paper
- 48 Rolls/Cs



35*47 Black Garbage
Bags - 200/Cs



32oz Round Combo
Container - 150/Cs



#3 Food Container
- 25/Case



Lunch Napkin
- 18*500Ct



White Interfold
Dispenser Napkin -
12x500Ct



Vegetal Charcoal
- 8Kg



Floor Cleaner - Rinsol
9000 - 4L



Kraft Paper Towel -
Single Fold - 16*250



Oven Buddy Cleaner
- 4L



Floor Cleaner -
Mr.Clean - 5L



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